



Sts. FRANCIS & JOSEPH SCHOOL  
*Unity is Strength*

No. 45 Boyd Road, Nassau, Bahamas

Home of the  
**SHOCKERS**

# *September Newsletter 2025*



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Facebook & School's Website

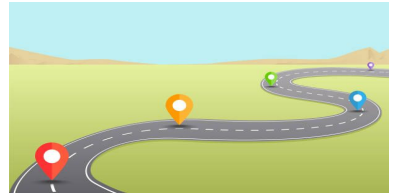
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**Shockers**

# THEME

Guided in Faith, Inspired by Excellence...

“Our Legacy Continues”



The administrators and staff take this opportunity to thank you for your continued cooperation and support.

# IMPORTANT ANNOUNCEMENT

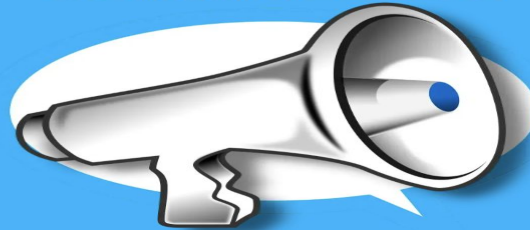
Please contact the office or  
classroom teacher when  
you are sending someone  
to collect your child/children.



## IMPORTANT ANNOUNCEMENT

To ensure the safety of all students  
we ask that parents communicate  
with the school when they are  
sending someone to collect their  
child/children.

Contact: 322-2037



## **SFJ CALENDAR AT A GLANCE-SEPTEMBER**

<b>1</b>	<b>WELCOME NEW &amp; RETURNING STUDENTS- HALF DAY</b>
<b>2</b>	<b>1ST FULL DAY OF CLASSES</b>
<b>8</b>	<b>CLUBS BEGIN, CHEERLEADING PRACTICE BEGINS, INTERNATIONAL LITERACY DAY</b>
<b>10</b>	<b>CLASS MEETINGS 6 P.M.</b>
<b>11</b>	<b>BASKETBALL TRYOUTS BEGIN</b>
<b>24</b>	<b>PTA MEETING- 6 P.M.</b>
<b>25</b>	<b>GRADE LEVEL RETREAT</b>
<b>29</b>	<b>SAPPHIRE AWARDS</b>

# SEPTEMBER- A CHRISTIAN LEADER





# WELCOME NEW & RETURNING STUDENTS



# Notices To Parents

Thank you to all those parents who took advantage of the opportunity to bring labeled supplies to school early on Thursday August 28th, 2025.







# INTERNATIONAL LITERACY DAY



The poster features a central graphic of a globe with an open book at its base, emitting a bright light. Above the globe, several colorful books are fanned out. In the top right corner is the circular seal of Sts. Francis & Joseph Catholic Primary School, established in 1885. To the left of the globe is a small cartoon character of a book wearing glasses. The text 'International LITERACY DAY' is prominently displayed, with 'International' in a script font and 'LITERACY DAY' in a bold, sans-serif font. Below this, the date '8 September, 2025' is written on a blue banner. The acronym 'D.E.A.R. IN OVER DRIVE.' is centered below the banner. A list of activities follows, each preceded by an asterisk. The poster concludes with the slogan 'Shockers make Reading Fun!' in a bold, italicized font.

 STS. FRANCIS & JOSEPH  
CATHOLIC PRIMARY SCHOOL  
1885 1992

 *International*  
**LITERACY DAY**

**8 September, 2025**

**D.E.A.R. IN OVER DRIVE.**

- \*Parents are invited to find a word on our Scrabble Board.
- \*Read to your Class.
- \* Listen to a story online and answer questions
- \*Complete an activity sheet.

***Shockers make Reading Fun!***

# CLASS MEETING



STS. FRANCIS & JOSEPH CATHOLIC SCHOOL

## CLASS MEETING!

Want to know what's happening here at SFJ?  
JOIN US!!!!

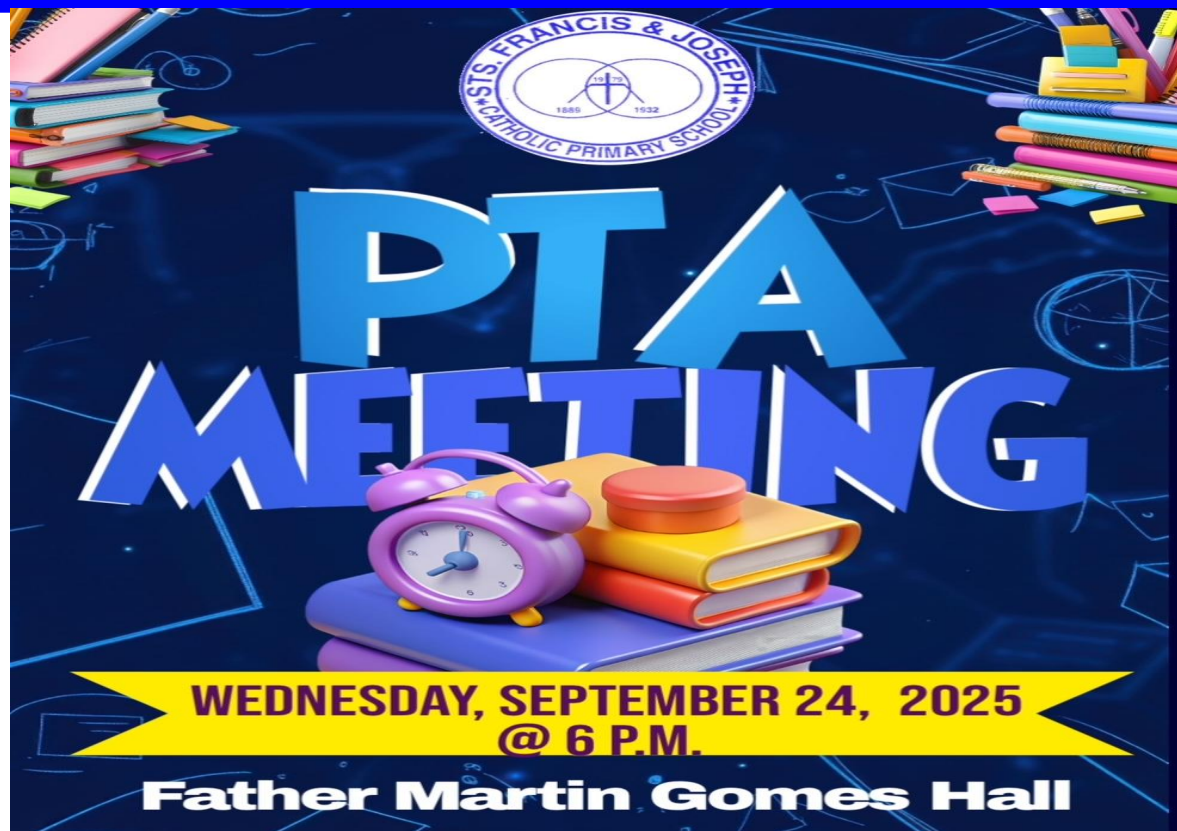
**Wednesday September 10, 2025  
@ 6 P.M.**



Father Martin Gomes Hall



# PTA MEETING



# SCHOOL FEE PAYMENTS

## School Fee Payment Options

There are now **only 2 school fee payments options** available:

1. **Bank Transfer to one of the following accounts:**
  - a. For Deposit to the Account of **RCANB-Special Catholic School Acct (CIBC-Palmdale) - 1126917**
  - b. For Deposit to the Account of **RCAB-Catholic Education Centre (RBC-Palmdale) - 05745-2897445**
2. **Tuition Payment Portal:**
  - a. [tuitionpay.io](http://tuitionpay.io)

Tuition Fees (Per Term)	Special Fees (Per Term)	Total School Fees (Per Term)	Annual Tuition Fees	Annual Special Fees	Total Annual School Fees
\$924.00	\$250.00	\$1, 174.00	\$2,772.00	\$750.00	\$3,522.00

Please note that students **will not** be allowed in class if school fee payments are not up to date.

Please do NOT send receipts to Ms.  
Russell, Ms. Durham or Ms. Hall.



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Russell, Ms. Durham or Ms. Hall.

School fee payment receipts should be emailed to: **Ms. Sands-** [asands@cec.edu.bs](mailto:asands@cec.edu.bs),  
**Ms. Wilson-** [witchell.wilson@cec.edu.bs](mailto:witchell.wilson@cec.edu.bs), **Mrs. Goffe -** [jgoffe@cec.edu.bs](mailto:jgoffe@cec.edu.bs) and  
**Ms. Bullard -** [mbullard@cec.edu.bs](mailto:mbullard@cec.edu.bs)

## Are You A Part Of Our School Dojo?

Join our ClassDojo  
School Community  
today!!

Ask your child's  
classroom teacher  
how.

**We're a  
ClassDojo School**





# DROP OFF AND PICK UP AREAS

## Drop off Areas- Pre K - Grade 6- Pavilion.

Pre-K and K Parents are allowed to take and collect their child/children at the classroom.

Grades 1-6 students will remain in the pavilion where they will sit quietly and read. Parents are also asked to collect their child/children from the pavilion after school. Please do not wait on the porches in front of the doors or windows.

Parents are reminded that students should be collected no later than 3:30 p.m. If your child is registered for an afterschool club, please ensure that you arrive on time for pick up. **Students not in a club and left after 3:30p.m. will be placed in aftercare for \$10.00 per day.**

**Please identify what you are paying for. The school's office closes promptly at 4:00 p.m.**

Please note all club fees are to be paid to Account:

RCANB-Special Catholic School Acct (CIBC-Palmdale) - 1126917

RCAB-Catholic Education Centre (RBC-Palmdale) - 05745-2897445

# Are You An Alumni of SFJ?



## Are You An **ALUMNI** of ~~SFJ~~?

**WhatsApp or Text Your**

**\* Name**

**\* Number**

**\*The year you graduated  
To 456-2098**

**LET'S GET YOU ADDED TO OUR INFORMATION BANK!**

# LUNCH ORDER PROCEDURE & MENU

Each morning the concessionaires will take lunch orders at the gate. Breakfast items will also be on sale. The payment options are, exact cash or online payments.

There will be no warming of lunches. Parents are asked to provide students with a Thermos or another container to help keep lunches warm. Fast food is NOT permitted for students' lunch. During break time students may have fruits and water. Chips, cookies and other snacks may be eaten at lunch time.

Wednesdays are designated as "Water Wednesdays". On Wednesdays students are asked to drink water only.

## C. ISLAND KITCHEN & CATERING

**Method of payment (PAY ONLINE)**

**RBC (Beneficiary's Account Number (057151293117) please SEND bank receipt**

**Mrs. King 544-1658 OR Mrs. Seymour 427-1532**

## C. ISLAND KITCHEN & CATERING

### Method of payments (PAY ONLINE)

**RBC (Beneficiary's Account Number (057151293117) please**

**SEND bank receipt**

**Mrs. King 544-1658 OR Mrs. Seymour 427-1532**

Sept 1,15,29- Oct 6,20- Nov 3,17- Dec 1,15,29- Jan 12,26- Feb 2,16- Mar 2,16,30- Apr 13,27

**May- 11,25- Jun 1,15**

#### MENU1

<b>DAILY BREAKFAST</b> <b>STEAMED OR FRIED SAUSAGE</b> <b>CORNED BEEF, MACKEREL OR TUNA SERVED WITH YELLOW GRITS \$3 - PANCAKE \$3 or</b> <b>PANCAKE &amp; SAUSAGE \$3.50 COMBO \$5</b> <b>7am to 8:20am</b> <b>LUNCH</b> <b>12:05pm-12:45pm NOON &amp; 12:50pm-1:30PM</b>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN TENDERS & FRIES \$5	STEAMED GROUND BEEF YELLOW RICE WITH VEG \$5	TUNA, HOT DOG, CHICKEN SANDWICH SERVE WITH CHIP \$5	HOMEMADE SPAGHETTI & MEATBALLS \$5	CHICKEN WINGS & FRIES \$5
TUNA SANDWICH DRINK COMBO \$5	TURKEY SANDWICH DRINK COMBO \$5	TUNA SANDWICH DRINK COMBO \$5	HAM SANDWICH DRINK COMBO \$5	TUNA SANDWICH & FRIES OR DRINK \$5
HOT DOG DRINK COMBO \$5	CORN DOG DRINK COMBO \$5	HOT PATTY DRINK COMBO \$5	CORN DOG DRINK COMBO \$5	HOT DOG & FRIES OR DRINK \$5
TWIST-\$2	TWIST-\$2	TWIST - \$2	HOT PATTY DRINK COMBO \$5	TWIST- \$2
TUNA OR HOTDOG SANDWICH \$3.75	TURKEY SANDWICH ONLY \$3.75			FRIES ONLY \$4

GREEN SALAD.....\$4

Fruits.....ORANGE.....APPLE.....BANANA.....\$1.00

HOT CHOCOLATE & TEA.....\$2.00

CAN JUICE.....\$2.00

LEMONADE.....\$2.00

CHOCOLATE & STRAWBERRY MILK.....\$2.00

WATER, SM JUICE ..... \$1.00

#### CHIPS, BISCUIT, FRUIT

SNACK.....\$1. 00

**Please note that the menu is subject to change. A twenty-four-hour notice will be given whenever a substitution has to be made, and we do apologize for any inconvenience caused. Thank you.**

## MENU 2

**Sept 8,22 –Oct 13,27- Nov 10,24- Dec 8,22- Jan 5,19- Feb 9,23- Mar 9,23- Apr 6,20- May 4,18- Jun 8**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN TENDERS & FRIES \$5	STEAMED HAM WHITE RICE CORN \$5	HOT DOG OR CHESSEBURGER SANDWICH SERVE WITH CHIP \$5	CURRY CHICKEN WHITE RICE CORN \$5	CHICKEN NUGGETS & FRIES \$5
TUNA SANDWICH DRINK COMBO \$5	TURKEY SANDWICH DRINK COMBO \$5	TUNA SANDWICH DRINK COMBO \$5	HAM SANDWICH DRINK COMBO \$5	TUNA SANDWICH & FRIES OR DRINK \$5
HOT DOG DRINK COMBO \$5	CORN DOG DRINK COMBO \$5	HOT PATTY & DRINK COMBO \$5	CORN DOG & DRINK COMBO \$5	HOT DOG & FRIES OR DRINK \$5
TWIST-\$2	TURKEY SANDWICH ONLY \$3.75	TWIST - \$2	HOT PATTY & DRINK COMBO \$5	TWIST- \$2
TUNA OR HOTDOG SANDWICH \$3.75				FRIES ONLY \$4

GREEN SALAD.....\$4

Fruits.....ORANGE.....APPLE.....BANANA.....\$1.00

HOT CHOCOLATE & TEA.....\$2.00

CAN JUICE.....\$2.00

LEMONADE.....\$2.00

CHOCOLATE & STRAWBERRY MILK.....\$2.00

WATER, SM JUICE ..... \$1.00

#### CHIPS, BISCUIT, FRUIT

SNACK.....\$1. 00

**SNACKS WILL ALSO BE ON SALE AFTER SCHOOL!**

**Please note the menu is subject to change. A twenty-four-hour notice will be given whenever a substitution has to be made, and we do apologize for any inconvenience caused. Thank you.**

#### Method of payments (PAY ONLINE)

**RBC**

**Beneficiary's Account Number (057151293117)**

**Please SEND bank receipt**

**Mrs. King 544-1658 OR Mrs. Seymour 427-1532**

\*\*\*\*\*GET A FREE LUNCH WHEN PAY FOR THE

# SICKNESS PROTOCOLS

In order to keep the school a happy and safe working environment for students and staff we ask that sick children remain at home. This includes days where there may be examinations taking place. These can be made up at a later date when the child can perform to the best of his or her ability.

We ask that children with the following symptoms remain at home:

- Fever
- Cough
- Vomiting and diarrhea
- Sore throat
- Body aches or chills.
- Headache not related to dehydration.
- Sinus congestion with thick mucus.

A child who comes to school sick, or who develops symptoms of illness during the school day will be seated safely outside the classroom and a parent or guardian will be called to collect the child.

Additionally please be reminded that children must not come to school with medications in their bags.

If a medication is required this must be prescribed by the child's physician and have a pharmacy label with the name and the dosage written on it.

This includes over the counter medications.

Feel free to email the School Nurse Elizabeth Hawkins at [ehawkins@cec.edu.bs](mailto:ehawkins@cec.edu.bs)



***Winter Dress Code  
No Jackets/ Hoodies Allowed!***



# OUR FACEBOOK PAGE & SCHOOL WEBSITE



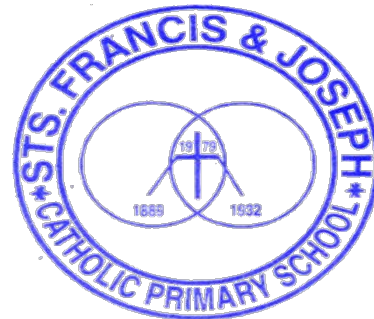
**Please visit our school's website for the latest news and announcements.**

**<http://sfj.cec.edu.bs/>**

**Sts. Francis & Joseph Catholic Primary School**

For the latest news at Shockerville click the link!

**<https://www.facebook.com/ShockerVille2022/>**



The logo features a dark blue background with glowing blue lightning bolts and light streaks. The text is arranged in three lines: the first line is in a white script font, the second is in a white bold sans-serif font, and the third is in a large, blue, stylized font with a digital glitch effect.

St. Francis & Joseph  
CATHOLIC PRIMARY SCHOOL

**SHOCKERS**