



Sts. FRANCIS & JOSEPH SCHOOL

Unity is Strength

No. 45 Boyd Road, Nassau, Bahamas

Home of the

SHOCKERS

September Newsletter 2026

Sts. Francis & Joseph
CATHOLIC PRIMARY SCHOOL

SHOCKERS

One Faith, One Light, One Journey

SCHOOL YEAR - 2026-2027

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THEME



STS. FRANCIS & JOSEPH SCHOOL

ONE FAITH, ONE LIGHT, ONE JOURNEY

The administrators and staff take this opportunity to *thank You* for your continued support and cooperation.



IMPORTANT ANNOUNCEMENT



Please contact the office or
classroom teacher when
you are sending someone
to collect your child/children.

IMPORTANT NOTICE:

To ensure the **safety** of
all students we ask that
parents **communicate** with
the school when they are
sending someone to
collect their child/ children.

CONTACT
322-2037

SFJ CALENDAR AT A GLANCE-SEPTEMBER

	SICKLE CELL AWARENESS MONTH - WORLD SICKLE CELL AWARENESS DAY 18
August 28th	WELCOME NEW & RETURNING STUDENTS- HALF DAY
August 31st	1ST FULL DAY OF CLASSES
September 8	CLUBS BEGIN, CHEERLEADING PRACTICE BEGINS, INTERNATIONAL LITERACY DAY
9	CLASS MEETINGS 6 P.M.
11	BASKETBALL TRYOUTS BEGIN
16	PTA MEETING 6 P.M.
18	DRESS IN BURGUNDY/ RED TOPS WITH LONG JEANS & TENNIS SHOES (FREE OF CHARGE)
25	SCIENCE IS FUNDAMENTAL
28	SAPPHIRE AWARDS

SEPTEMBER - Profile of The Bahamas Catholic School Graduate

- A CHRISTIAN LEADER
- ACADEMICALLY CAPABLE
- CENTERED, WELL-ROUNDED
- A LOVING PERSON
- A LIFE LONG LEARNER
- A HEALTHY PERSON
- AN ENVIRONMENTALLY CONSCIOUS PERSON
- A FINANCIALLY ADEPT PERSON

EXPECTATIONS:

A.



A CHRISTIAN LEADER WHO IS:

- Knowledgeable of The Church's teaching about Jesus Christ as well as the sacramental expressions of His mission. Able to articulate one's own faith and belief.
- A decision maker whose conscience is guided and formed by the teachings of The Catholic Church; can evaluate moral choices and issues based on a well-formed conscience
- Desirous of spiritual growth and has developed a deep sense of spirituality.
- A person of integrity
- Committed to service and social justice
- A caring family member and a community builder
- A discerning believer formed in the Catholic Faith Community.
- Respectful
- Aware of world religions and demonstrates appropriate respect for their beliefs

B.



AN ACADEMICALLY CAPABLE PERSON WHO IS:

- Competent in the fundamental skills of language
- Competent in the fundamental skills of mathematics and Science
- Adept in the use of technology
- Able to read and comprehend age appropriate material
- Has mastered those subjects required for entry into high school, college or technical and vocational institutions

C.



A CENTERED, WELL-ROUNDED PERSON WHO IS:

- Self-disciplined
- Self-confident
- Open to growth
- Responsible
- An active and productive citizen
- Culturally appreciative – respects creative expressions of interests, talents, experiences and historical appreciation

D.



A LOVING PERSON WHO IS:

- Compassionate
- Kind
- Forgiving
- Appreciative of diversity
- Welcoming
- A peace-filled mediator (aware of tools for peaceful conflict resolution)
- Respectful of the talents and abilities of others

E.



A LIFE LONG LEARNER WHO IS:

- Articulate: Can demonstrate effective written and communication skills and exhibit confidence in public speaking
- Creative: Demonstrates a creative intelligence and imagination in a variety of disciplines
- A critical thinker: Demonstrates the ability to analyze, synthesize and evaluate information from a wide range of sources
- A problem-solver with the ability to work collaboratively in small and large groups
- Well organized: demonstrates a sense of personal organization including time management; prioritizing and the ability to implement a plan
- Able to develop the art of questioning to define, understand and solve problems
- Open-minded: Has developed an appreciation for varying world views.
- Reflective of one's personal experiences in order to form judgments and make needed changes in one's life

F.



A HEALTHY PERSON WHO IS:

- Respectful to life
- A good sport
- Committed to reaching one's full potential
- Practicing good health habits
- Positive in outlook and demonstrates growth and learning from the joy of success and the frustrations of failure

G.



AN ENVIRONMENTALLY CONSCIOUS PERSON WHO IS:

- A steward of the environment
- Aware of the behaviour necessary for sustaining and protecting the physical surroundings, that is, coastlines, forestry and wet-lands

H.



A FINANCIALLY ADEPT PERSON WHO IS:

- Competent in basic budgeting
- Aware of the importance of work and its relation to finances

WELCOME NEW & RETURNING STUDENTS

STS. FRANCIS & JOSEPH
CATHOLIC SCHOOL

One School.
One Family.
Stronger
Together!

Welcome
NEW STUDENTS
AND
Welcome Back
FORMER STUDENTS

TO STS. FRANCIS & JOSEPH CATHOLIC SCHOOL

"UNITY IS STRENGTH"

★ **HALF DAY** ★
AUGUST 28TH

SCHOOL DISMISSES AT
12:00 NOON

UNITY
We stand together.

FAITH
We grow in God

RESPECT
We value each other.

EXCELLENCE
We strive for our best.

Let's make this a great year!





Notice To Parents

1. **No Parent should be at a teacher's door between 8:15am - 3:15pm**
(Teachers must supervise their students)
1. Please allow students in Kindergarten - Grade 6 to carry and unpack their own bags.
2. Parents please be reminded that you are not allowed to walk your child/children through the entrance gate which leads to the office because of the traversing of traffic.
3. Kindly enter and exit with your child/children through the **Pavillion Gate**, before school begins and after school.
4. Should you need to drop off any large items for your child/children's class, please use the **Service Gate near the kitchen**.
5. Parents **DO NOT** block the driveway which leads to the School or Rectory.
6. Parents are **NOT ALLOWED** to park inside the school yard before or after school hours.
7. Parents please be mindful of how you dress when entering the school's campus. **No cut-off shirts, pajamas, bonnets etc.**
8. If you need to meet with a teacher , please ensure that you make an appointment via email 24 hours in advance.

EARLY SCHOOL SUPPLIES DROP OFF



 **Sts. Francis & Joseph
Catholic School**
Unity Is Strength

**EARLY
SCHOOL SUPPLIES
DROP-OFF!**

 **WEDNESDAY,
AUGUST 26,
2026**

 **TIME:
1:00PM –
3:00PM**

 **PARENTS, PLEASE ENSURE THAT
ALL ITEMS ARE LABELED
AND DELIVERED TO
THE CHILD'S CLASS
IN A LABELED BAG.**

 John Smith
Grade 3B

*Thank you for partnering
with us for a successful
school year!*

Website: www.stfrancisandjoseph.org

THANK YOU - EARLY SCHOOL SUPPLY DROP OFF

Thank you to all those parents who took advantage of the opportunity to bring labeled supplies to school early on Wednesday, August 26th, 2026.



FIRST DAY OF SCHOOL INFORMATION



Sts. Francis & Joseph Catholic School
"Unity Is Strength"

FIRST DAY OF SCHOOL



Date: August 28, 2026





START TIME:
8:15 A.M.



DISMISSAL TIME:
12:00 NOON



Students are to enter through the **PAVILION GATE**, where Grades 1-6 students are to assemble.



Pre-Kindergarten and Kindergarten in their classes.



All parents are to remain in the **pavilion** until pick up time.



REGULAR SCHOOL HOURS
PRE-K
8:15 A.M. - 2:45 P.M.



REGULAR SCHOOL HOURS
KINDERGARTEN - GRADE 6
8:15 A.M. - 3:00 P.M.



Students arriving after **8:30 A.M.** must receive a **LATE SLIP** at the main gate for entrance to class.





NO CARS ARE ALLOWED ON THE SCHOOL GROUNDS AT ANY GIVEN TIME.

Let's start the new school year with joy, respect and excellence!



★ *A Great Start Leads to a Great Year!*

SCHOOL LUNCH GEAR RECOMMENDATIONS



Students are encouraged to drink plenty of water throughout the day to stay healthy and hydrated.

Please ensure that your child brings:

- An insulated, leak-proof water bottle with a secure, lockable spout lid.
- An insulated lunch container to help keep food warm until lunchtime.

Please label all water bottles and lunch containers with your child's name.

CLASS MEETING



STS. FRANCIS & JOSEPH CATHOLIC SCHOOL

CLASS MEETING!

Want to know what's happening here at SFJ?

JOIN US!!!!

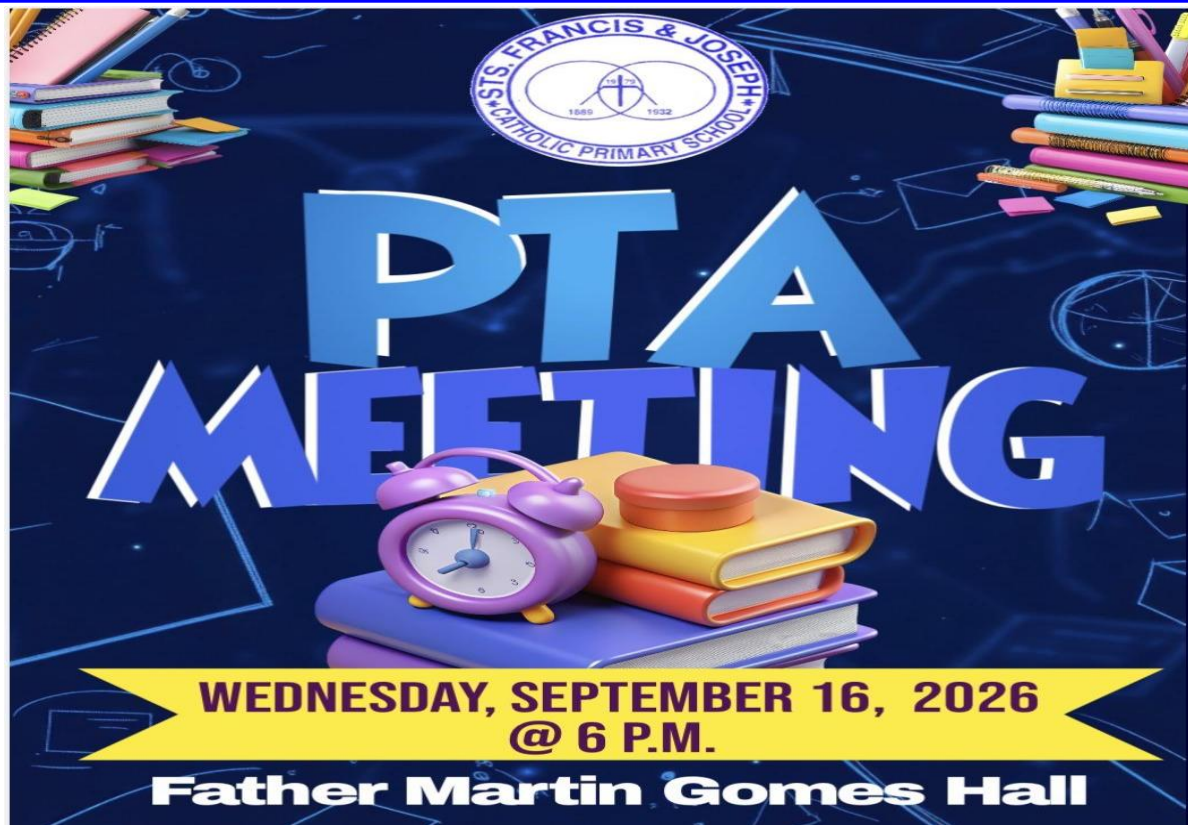
**Wednesday September 9, 2026
@ 6 P.M.**



Father Martin Gomes Hall



PTA MEETING



SCHOOL FEE INCREASE 2026 - 2027

REMINDER!

Please note that school fees are scheduled to increase every three years. However, it has been more than four years since the last adjustment.

The image is a graphic notice for a school fee increase. At the top, it features the school's name 'St. Francis & Joseph' in a cursive font, followed by 'CATHOLIC PRIMARY SCHOOL' in bold capital letters. Below this is the school's mascot 'SHOCKERS' in a stylized, blue, lightning-bolt-like font. The main heading 'NOTICE OF SCHOOL FEE INCREASE!' is prominently displayed in large, bold, red and white letters. A white box contains the fee breakdown: Tuition: \$974.00, Special Fees: \$250.00, and Total: \$1224.00. At the bottom, a red banner states 'An Increase of \$50.00 / 5%'. The background is dark blue with lightning bolts, and there are illustrations of books, pencils, and a calculator at the bottom left.

St. Francis & Joseph
CATHOLIC PRIMARY SCHOOL

SHOCKERS

NOTICE OF
SCHOOL FEE
INCREASE!

Tuition: \$974.00
Special Fees: \$250.00
Total: \$1224.00

An Increase of \$50.00 / 5%

SCHOOL FEE PAYMENTS

School fees are Due: 1st Term June 30th, 2nd Term December 1st, 3rd Term March 1st

Option 1 – Annual Payments in Advance

All parents/guardians paying fees in advance for the 2026-2027 academic year, that is, by June 30, 2026, will receive a 10% discount on the tuition fee of \$2,922.00.

(Please note that this amount is not inclusive of the Grade Six second-term graduation fees).

Tuition	10% Discount	Special Fees	Total Payment
\$2,922.00	\$220.00	\$750.00	\$3,379.80

Option 2 – 10 Month Payment Plan

Payment plan **MUST** be negotiated before **May 13, 2026**. The first payment must be made by June 30, 2026. Payment plans cannot go beyond March 2026. Payments of **\$372.20** are due at the end of the month. **Contact the school office for further inquiries.**

Option 3 – Tuition Pay Website

Visit the website tuitionpay.io to make a school fee payment. **Contact the school office for further inquiries.**

Option 4 – Online Payments

School Fees can be paid online at First Caribbean Bank and Royal Bank of Canada. **The account banking information is included in the package.** All payments are to be made at **First Caribbean Bank** and **Royal Bank of Canada** online **ONLY**. The bank **do not** allow over-the-counter transactions.

School fee payment receipts should be emailed to:

Ms. Sands- asands@cec.edu.bs, **Ms. Wilson-** witchell.wilson@cec.edu.bs, **Mrs. Goffe -** jgoffe@cec.edu.bs and **Ms. Bullard -** mbullard@cec.edu.bs

Please note that a \$25.00 late fee will be charged for all late payers.

Are You A Part Of Our School Dojo?

Join our ClassDojo
School Community
today!!

Ask your child's
classroom teacher
how.



GOOGLE CLASSROOM

Is your child connected to Google Classroom?

Students in **grades 1-6** are required to connect to Google Classroom with their school's email. Your child's teacher will give you further information and instructions. If you do not know your child's email address and password please contact Ms. Bullard (vice principal) via telephone- 322-2037 or email- mbullard@cec.edu.bs



Google Classroom

DROP OFF AND PICK UP AREAS

Drop off Areas- Pre K - Grade 6 - Pavilion.

Pre-K and K Parents are allowed to take and collect their child/children at the classroom.

Grades 1-6 students will remain in the pavilion where they will sit quietly and read. Parents are also asked to collect their child/children from the pavilion after school. **Please do not wait on the porches in front of the doors or windows.**

The school's office closes promptly at 4:00 p.m. Therefore, parents are reminded that students should be collected no later than 3:30 p.m. If your child is registered for an afterschool club or class, please ensure that you arrive on time for pick up. **Students not in an afterschool club or class and left after 3:30 p.m. will be placed in aftercare for \$10.00 per day.**

Please identify what you are paying for.

Please note all after school classes and club fees are to be paid for via tuition Account:

RCANB-Special Catholic School Acct (CIBC-Palmdale) - 1126917
RCAB-Catholic Education Centre (RBC-Palmdale) - 05745-2897445

LUNCH ORDER PROCEDURE & MENU

Each morning the concessionaires will take lunch orders at the gate. Breakfast items will also be on sale. The payment options are, **exact cash** or **online payments**.

There will be **no** warming of lunches. Parents are asked to provide students with a Thermos or another container to help keep lunches warm. Fast food is **NOT** permitted for students' lunch. During break time students may have **fruits, vegetables, and water**. Chips, cookies and other snacks may be eaten after lunch time.

Wednesdays are designated as **"Water Wednesdays"**. On Wednesdays students are asked to drink water **only**.

C. ISLAND KITCHEN & CATERING

Method of payment (PAY ONLINE)

RBC (Beneficiary's Account Number (057151293117) please SEND bank receipt

Mrs. King 544-1658 OR Mrs. Seymour 427-1532

SEE FULL MENU ON FOLLOWING SLIDE

Important information to parents or guardians

Please note that the menu is subject to change. A twenty-four-hour notice will be given whenever a substitution has to be made, and we do apologize for any inconvenience caused. Thank you.

ALSO, PLEASE BE ADVISED THAT IF YOU PAY FOR YOUR CHILD'S LUNCH IN ADVANCE AND THEY WILL BE ABSENT FROM SCHOOL, PLEASE CONTACT THE KITCHEN OR THE OFFICE SO THAT THEIR LUNCH WILL NOT BE SENT TO THEIR CLASSROOM. IF YOU FAIL TO CONTACT US YOU WILL FORFEIT YOUR CHILD LUNCH.

INFORMATION ON BANK TRANSFER

C. ISLAND KITCHEN & CATERING

Method of payments (PAY ONLINE)

RBC

Beneficiary's Account Number (057151293117)

Branch # 05715

**Please SEND bank receipt when you pay for your child's lunch to
Mrs. King 544-1658
Mrs. Seymour 427-1532**

DAILY BREAKFAST ITEMS

7AM - 8:20AM

STEAMED SAUSAGE (\$3)
 STEAMED CORN BEEF (\$3)
 STEAMED MACKEREL (\$3)
 TUNA SALAD (\$3)
 FRY SAUSAGE (\$3)
 SERVED WITH YELLOW GRITS

COMBO (\$6)

PANCAKE ONLY (\$3)
 PANCAKE AND SAUSAGE (\$4)
 PANCAKE AND EGGS (\$4)
 PANCAKE EGGS AND SAUSAGE (\$5)

HOT CHOCOLATE (\$2)
 HOT TEA (\$2)
 FRUITS.....ORANGE.....APPLE.....BANANA.....\$1.00
 CAN JUICE (\$2)
 LEMONADE (\$2)
 CHOCOLATE & STRAWBERRY MILK (\$2)
 WATER (\$1)
 CHIPS, BISCUIT, FRUIT SNACK (\$1)
 NACHOS & CHEESE (\$3)
 ICE CREAM & POPSICLE (\$2)

C. ISLAND KITCHEN ORDERING LUNCH FORM

Account information online (RBC 05715 1293117)

CHILD'S NAME : _____

GRADE: _____

Please choose an option for lunch.

(Orders for Pizza must be placed on Mondays, because no orders will be taken on Thursday morning)

MENU 1

MONDAY

- ☐ Spaghetti & Meat Sauce (\$5)
☐ Green Salad and Fish (\$6)
☐ Corn Dog & Drink (\$5)
☐ Tuna Sandwich & Drink (\$5)
☐ Twist (\$2)
☐ Tuna Sandwich Only (\$4)
☐ White Rice Only (\$3)

TUESDAY

- ☐ Curry Chicken with White Rice & Corn (\$5)
☐ Steamed Chicken with White Rice & Corn (\$5)
☐ Green Salad with Fish Fingers (\$6)
☐ Ham & Cheese Sandwich & Drink (\$5)
☐ Twist (\$2)
☐ Beef Patty (\$4)

WEDNESDAY

- ☐ Cheeseburger Only (\$5)
☐ Chicken Burger Only (\$5)
☐ Hot Dog (\$4)
☐ Tuna Sandwich & Juice (\$5)
☐ Beef Patty & Drink (\$5)
☐ Twist (\$2)
☐ Beef Patty (\$4)

THURSDAY "Personal Pizza"

- ☐ Cheese Pizza (\$8)
☐ Pepperoni Pizza (\$8)
☐ Sausage Pizza (\$8)
☐ Creamy Mac Cheese with Hot Dog (\$5)
☐ Green Salad with Fish Fingers (\$6)
☐ Turkey and Cheese Sandwich & Drink (\$5)
☐ Twist (\$2)

FRIDAY

- ☐ Chicken Wings & Fries (\$5)
☐ Green Salad with Fish Fingers (\$6)
☐ Hot Dog & Fries (\$5)
☐ Loaded Fries with Cheese & Bacon Bits (\$5)
☐ Tuna Sandwich & Drink (\$5)
☐ Fries Only (\$4)

C. ISLAND KITCHEN ORDERING LUNCH FORM

Account information online (RBC 05715 1293117)

CHILD'S NAME : _____

GRADE: _____

Please choose an option for lunch.

(Orders for Pizza must be placed by Mondays because, no orders will be taken on Thursday morning for pizza)

MENU 2

MONDAY

- ☐ Chicken Souse with Bread Roll (\$5)
☐ Green Salad with Fish Fingers (\$6)
☐ Corn Dog & Juice (\$5)
☐ Tuna Sandwich & Drink (\$5)
☐ Hot Patty (\$4)
☐ White Rice Only (\$3)
☐ Twist (\$2)

TUESDAY

- ☐ Steamed Ground Beef with White Rice & Glaze Carrots (\$5)
☐ Green Salad with Fish Fingers (\$6)
☐ Turkey & Cheese Sandwich & Drink (\$5)
☐ Hot Dog & Drink (\$5)
☐ Twist (\$2)
☐ Beef Patty (\$4)

WEDNESDAY

- ☐ Cheeseburger Only (\$5)
☐ Chicken Burger Only (\$5)
☐ Fish Burger Only (\$5)
☐ Hot Dog & Juice (\$5)
☐ Ham & Cheese Sandwich & Juice (\$5)
☐ Twist \$2

THURSDAY "Personal Pizza Day"

- ☐ Cheese Pizza (\$8)
☐ Pepperoni Pizza (\$8)
☐ Sausage Pizza (\$8)
☐ Chicken Alfredo Pasta (\$5)
☐ Twist (\$2)
☐ Turkey and Cheese Sandwich with Juice (\$5)

FRIDAY "Cracked Chicken Friday"

- ☐ Cracked Chicken & Fries (\$5)
☐ Green Salad with Cracked Chicken (\$6)
☐ Hot Dog & Fries (\$5)
☐ Loaded Fries with Cheese & Bacon Bits (\$5)
☐ Green Salad with Fish Fingers (\$6)
☐ Tuna Sandwich & Fries (\$5)

SICKNESS PROTOCOLS

In order to keep the school a happy and safe working environment for students and staff. We ask that sick children remain at home. This includes days where there may be examinations taking place. These can be made up at a later date when the child can perform to the best of his or her ability.

We ask that children with the following symptoms, remain at home,

- Fever
- Cough
- Vomiting and diarrhea
- Sore throat
- Body aches or chills
- Headache headaches not related to dehydration
- Sinus congestion with mucus

A child who comes to school sick or who developed symptoms of illness during the school day will be seated safely outside the classroom and a parent or guardian will be called to collect the child.

Additionally, please be reminded that children must not come to school with medication in their bags.

If a medication is required, it must be prescribed by the child's physician and have a pharmacy label with the name and the dosage written on it. This includes over-the-counter medications.

Feel free to send an email to our school nurse: latoya.boodle@cec.edu.bs

Winter Dress Code
No Jackets/Hoodies Allowed!



OUR FACEBOOK PAGE & SCHOOL WEBSITE



Sts. Francis & Joseph Catholic Primary School

For the latest news at Shockerville click the link!

<https://www.facebook.com/ShockerVille2022/>

Please visit our school's website for the latest news and announcements.

<http://sfj.cec.edu.bs/>



The logo features a dark blue background with stylized white and light blue lightning bolts. The text is arranged in three lines: the first line is in a white script font, the second in a white bold sans-serif font, and the third in a large, blue, pixelated font with a white outline.

St. Francis & Joseph
CATHOLIC PRIMARY SCHOOL

SHOCKERS